There are four ways to get help.

Introductory Briefings (like this) are available on most screens when you click on the question mark button in the upper right of the screen. This should be your first step if you feel confused or uncertain about your next action. You can review the goals listed in this briefing during play by clicking on the question mark button any time you are viewing the newspaper.

You have three ministers who appear with advice and information when appropriate.

Look for informative messages in the top information bar ("hot text") about objects under the cursor.

Shift-Click to learn more about the map.